



What is racism?



Racism is when people are treated unfairly in society because of their race

Race means a group of people who have things in common with each other, like



- the **colour** of their skin



- their **ethnic origin** – a group of people who share the same history and cultural traditions, for example Sikhs, Jews and Irish Travellers



- their **national origin** – having a link to a country by birth, for example you are a British citizen and both your parents are of Polish origin



- their **nationality** – they might be a citizen of a country like India, Australia or China



Racism is the word we use when we talk about the unfair treatment of people because of the ways in which they are different



Racism can be words and actions like name calling and bullying



Sometimes racism can be hard to recognise because it can be a part of all the different **systems** in our communities

When we say **systems**, we mean things like



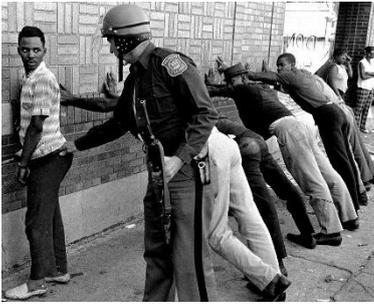
- education



- employment



- health and social care



For a long time, people have treated black people badly because of the colour of their skin



Sadly, racism still happens around the world

Many people are still being treated badly because of their race

We all have a duty to stop racism



If any of us see or hear something racist, we must do something about it

If you are worried about racism you can talk to your support worker or named worker