

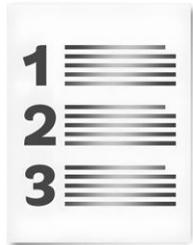
Planning Together 8/10/2025 - Money Matters tips shared by Health & Wellbeing Librarian

Creative Health Camden



www.creativehealthcamden.com do activities with artists. They have a community garden and a cafe attached to the practice at Kentish Town Health Centre.

You can be referred if this is your doctor or you can sign up if you are a Camden Resident



You may have to wait for spots for some activities, and some are for different health needs e.g. Dance for Parkinsons.

Pancras Square Library



Community Cafe run by a charity called [Life After Hummus](#). They provide low cost healthy hot meals from extra stock from local supermarkets and restaurants.



At the end of the day they give the left over meals away for free



The Social Supermarket site can be accessed if you are referred to them or if you volunteer for 2 hours a week.



Passive Clothing Rail where clothes can be taken when needed.

Local Libraries



Have plenty of activities and offers on - we are currently working with [Think and Do](#) and are hosting their sharing spaces - where there are clothing rails, energy saving advice sessions on how to keep homes warm.



You can find what is happening at different libraries by signing up for the [Camden Library Newsletter](#).

Social Prescribing Some doctors surgeries are also on the social prescribing register.



It is worth contacting GP's to ask if they have Link Workers or Social Prescribers who would be able to tell you about services and activities.

Utility Warehouse



Utility Warehouse - help to make the management of household bills easier by putting everything all in one place so that there are not lots of different letters that come through from different providers

They also help to find the cheapest providers



