

Planning Together Meeting

Wednesday 21st January 2026

1. Welcome and Introductions

Lots of people with learning disabilities, their support workers, and carers were welcomed to the meeting. It was great to see everyone and new people attending for the first time.

Congratulations to the Move It Move It group – it was 1 year since this group started.

1. You Said We Did / CLDS Updates

It was explained that this was a special meeting to focus on starting to shape the new Big Plan. There would not be the usual updates for You Said We Did and from CLDS. The updates will be shared at the next Planning Together.

2. What is The Big Plan

Synergy gave a presentation on The Big Plan. A video was shown explaining what was in the current Big Plan - [What is Camden's Big Plan? - Video](#). There was also a presentation explaining more about what inequalities are, what had gone well, what could be better. The slides can be found on the [Planning together website](#). Comments included:

- It is important to support young people. There is an overlap between The Children and Young People with Disability service (CYPDS) and Camden Learning Disability Service (CLDS). CYPDS work with people 0-25. Health Support from CLDS starts at 18, and there are preparing for adulthood services.
- It is still very difficult for people with Learning Disabilities to find a job. The learning disability job hub know that it is difficult and there are lots of barriers. They are working as a team with employers to help them understand people with learning disabilities can do well in work.

3. Success Stories

Some success stories from the last Big Plan were shared:

- Videos of the Move It Move It group were shared. Please see links here: [We like to Move it Move it](#) and [Mashok and Sam talk about Move it Move it](#)
- The Learning Disability Job Coach spoke about one persons success getting a job. They found a volunteer placement doing bike repairs, this progressed to paid work experience and they were offered a paid role.
- London Inclusion Sports Academy (LISA) shared about someone who had a successful internship over 6-7 months to support their development.

4. Quiz

Everyone did a quiz with yes / no answers and pictures. Please see question on the [Planning together website](#). It shared information such as

- There are Big Plans in other areas
- It is about support in health and social care services (not just hospitals)

- It includes support for family carers

Each table shared thoughts on the topics:

- Things that are important: friendships, new healthy habits, housing, choice, control, having a voice
- One group put topics in order of what they thought was most important: People, jobs, CLDS, CYPDS, friendships, and reasonable adjustments.
- Some things from the Big Plan were done – job hub, healthfest, CLDS, CYPDS
- Some things need more work e.g. supporting people to be independent including at different times
- The Significant 7 helps support workers notice when there are changes in a person's health and understand what actions to take. This includes things like breathing, going to the toilet, and eating.

5. Small groups - Discussion 1

Small groups discussed some ideas for the new Big Plan. Please see feedback below. More detailed feedback will be shared on the [Planning together website.](#):

- Having a **work plan** and **small work groups** – everyone agreed
- Bring The Big Plan back to Planning Together every **6 months** - everyone agreed
- Should the Big Plan now include people from **age 14 plus** - People had different thoughts. Maybe it should look at 16 plus first.
- Are the sections still right? Yes. People spoke more about the importance of the finding and keeping a job section and the need to do more work:
 - Finding & keeping job effects mental health
 - People on low incomes need more help with money, housing support and cost of living.
 - Some people can't work because of permanent disabilities
 - When employers do not understand, and people have to go back on benefits, it can make them feel low and depressed
 - Employers should give reasonable adjustments.

6. Small groups – Discussion 2

Small groups discussed some more ideas on the different sections of the Big Plan and shared one idea for each Big Plan topic. More detailed feedback will be shared on the [Planning together website.](#):

- **Feeling Safe and Connected:** More contact with community safety, police officers. Get people panic alarms and phones to keep safe. Travel at night in Camden can be scary.
- **Having Difficult Conversations:** people need to come together more regularly to have difficult conversations so they are more comfortable e.g. sex and dying

- **Knowing where to get information:** People prefer paper information in easy read. Local libraries. Help filling in forms. Say where drop ins are happening.
- **Having a home that is right:** independence is important and having a space where you can be away from carers and parents and experience life for yourself.
- **Finding and keeping a job:** Building employers disability confidence, offering disability awareness training. Warm handovers when managers leave
- **Recognising different needs:** Remember those without a voice. Support for workers and carers in advocacy.

7. Topic for the next meeting

Meeting members shared ideas on topics for the next meeting:

- Community Safety
- Transport
- Death and Dying group – bring back information at the right time
- Support for Freedom Pass assessment

8. Any Other Business

- Diabetes Focus Groups - to improve services for people with learning disabilities and their carers. In February for people with Type 1 and 2 diabetes. Voucher for taking part. Please contact Eilis if interested:
Eilis.Woodlock@camden.gov.uk